



Nutrition Facts

20 Servings Per Container		
Serving size		1 Pack (39g)
Amount per serving		
Calories		200
		% Daily Value *
Total Fat	10g	13%
Saturated Fat	3.5g	18%
Trans Fat	0g	
Polyunsaturated Fat	3g	
Monounsaturated Fat	3g	
Cholesterol	0mg	0%
Sodium	300mg	13%
Total Carbohydrate	24g	9%
Dietary Fiber	<1g	2%
Total Sugars	4g	
	Includes 3g Added Sugars	6%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	60mg	4%
Iron	1.2mg	6%
Potassium	120mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
Nutrition Facts are based on our current data. However, because the data may change from time to time, this information may not always be identical to the Nutrition Facts table found on the labels of products.		

CAPTAIN'S WAFERS® GRILLED CHEESE SANDWICH CRACKERS

Case Code  
104332

Pack & Size  
6 / 1.37 OZ. BAG(S)



The delicious taste of a grilled cheese sandwich, packed into a portable sandwich cracker! Baked with real cheese, they come in convenient packs that can be taken with you anywhere. Lance® sandwich crackers are a flavorful and portable snack for the whole family.

FEATURES AND BENEFITS

- ✓ GRILLED CHEESE FLAVOR: Classic taste of a grilled cheese sandwich, in a portable sandwich cracker pack
- ✓ MADE WITH REAL CHEESE: Real cheese filling sandwiched between two Captain's Wafers® classic crackers
- ✓ SATISFYING SNACK: Delicious crispy crackers and cheese
- ✓ ON THE GO SNACK: Try this convenient cracker pack before the on-the-go, after school, or on road trips
- ✓ INDIVIDUAL CRACKER PACK: Individually wrapped pack of 6 Lance® sandwich crackers

PREPARATION

HANDLING

Min Product Lifespan from Production: 182 Days.  
Minimum Temperature: 60 Fahrenheit. Maximum Temperature: 70 Fahrenheit.

STORAGE

Shelf Life: 182 Days  
Storage Temperature: 60 - 70 °F

SERVING IDEAS

Try these cracker packs for snacks, in-between meals, and on the go.

INGREDIENTS

Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oils (Soybean, Palm, and/or Canola), Maltodextrin, Sugar, Whey, Cheddar Cheese (Milk, Cultures, Salt, Enzymes), Salt, Leavening (Sodium Bicarbonate, Ammonium Bicarbonate, Monocalcium Phosphate), Corn Syrup, Natural & Artificial Flavors, Butter, Whey Protein Concentrate, Buttermilk, Lactic Acid, Potassium Chloride, Caramel Color, Artificial Colors (Yellow 5, Yellow 6), Soy Lecithin, Peanut Oil. CONTAINS: WHEAT, MILK, SOY, PEANUTS.

MORE

The delicious taste of a grilled cheese sandwich, packed into a portable sandwich cracker! At Lance®, SANDWICHES MEAN MORE: They aren't just two somethings with whatever in the middle. A Lance® sandwich is two AWESOMES with an INCREDIBLE in the middle — and we've made them that way for over 100 YEARS.

PACKAGING DETAILS

Pack & Size: 6 / 1.37 OZ. BAG(S)	Case Weight: 12.558 LB	UPC: 76410901876
Cube: 0.771 FT	Case Size: 12.188 IN x 11.500 IN x 9.500 IN (L x W x H)	SCC-14: 10076410901876

⚠ ALLERGENS

Contains: Gluten, Milk/Dairy, Peanut, Soybean, Wheat

DIETARY NEEDS

Kosher; Sodium 141-480 mgs Per Serving; Vegetarian